

Monday

9-10 AM HATHA YOGA

Register at the latest
on the previous Friday:
arja.miettinen@gloriajkl.fi

You can bring your own
yoga mat

GLORIA'S EMPLOYEES' MEETING AND PLANNING DAY

Tuesday

10-12 AM FINNISH LANGUAGE LUETAAN YHDESSÄ Beginner / Intermediate

1-3 PM FINNISH LANGUAGE TOISTO Beginner

2:15-4 PM MULTILINGUAL GUIDANCE AND COUNSELLING SERVICES (INTERNATIONAL HOUSE JYVÄSKYLÄ) Service languages: Finnish and Russian Starts on 8.9. irma.alekseeva@jyvaskyla.fi

3:30-6 PM GAME AND DISCUSSION EVENING michael.fandi@gloriajkl.fi

Wednesday

10-12 AM FINNISH LANGUAGE TOISTO Beginner

1-3 PM HANDICRAFT GROUP arts and crafts starts on 26.8.

2-3 PM VOLUNTEER INFO saara.jantti@gloriajkl.fi

2-3:30 PM FINNISH LANGUAGE LUETAAN YHDESSÄ Beginner / Intermediate

3:30-4:30 PM FRENCH CONVERSATION GROUP michael.fandi@gloriajkl.fi

4-5:30 PM FINNISH FOR BEGINNERS (A0) (ADULT EDUCATION CENTER) 16.9.-9.12. (not 14.10.) marja.juhola@jyvaskyla.fi paid course, requires registration

4:45-5:45 PM PERSIAN STUDY GROUP starts on 26.8. homavalafar@gmail.com

5:45-7:15 PM ADVANCED FINNISH (A1) (ADULT EDUCATION CENTER) 16.9.-9.12. (not 14.10.) marja.juhola@jyvaskyla.fi paid course, requires registration

Thursday

10-12 AM PATHWAY FOR WOMEN (MAP TO WORKING LIFE PROJECT / INTERNATIONAL HOUSE JYVÄSKYLÄ) starts on 3.9. (not 15.10.) roosa.berg@jyvaskyla.fi requires registration (group full)

1-2:30 PM FINNISH LANGUAGE LUETAAN YHDESSÄ Beginner / Intermediate

3-4:30 PM ENGLISH FOR BEGINNERS sabina.linova@gmail.com

3-4:30 PM OPEN MUSIC GROUP saara.jantti@gloriajkl.fi

5-6:30 PM FINNISH CONVERSATION GROUP Intermediate / Advanced (not 27.8., 24.9., 29.10., 26.11., 17.12.)

5-7 PM LANGUAGE CAFE 27.8. / 24.9. / 29.10. / 26.11. / 17.12. michael.fandi@gloriajkl.fi

5-8 PM PERSIAN BOOK CLUB 20.8. / 17.9. / 22.10. / 19.11. / 10.12. amin.ma101@gmail.com

Friday

9:15-11:15 AM SERVICE COUNSELLING (THE WELLBEING SERVICES COUNTY OF CENTRAL FINLAND) (not 11.9., 16.10., 13.11. and 4.12.) kotosospa.opastus@hyvaks.fi

10-12:30 AM MONIMESSI FAMILY CAFÉ Multicultural Family Group saara.jantti@gloriajkl.fi

2-3:30 PM GRUPO DE ESPANOL Spanish language group Intermediate starts on 4.9. missjavimiranda@gmail.com

2:30-4 PM WOMEN'S GROUP 28.8. / 25.9. / 26.10. / 27.11. / 18.12. saara.jantti@gloriajkl.fi

4-6 PM MIXI-CHOIR FOR MEN WHO HAVE IMMIGRATED TO FINLAND starts on 25.9. (not 16.10.) kimmo.tuuri@gmail.com requires registration

6:30-9:30 PM TURKISH WOMEN'S GROUP 28.8. / 18.9. / 23.10. / 20.11. / 18.12. mrymclck06@gmail.com

Saturday

10-12:30 AM FAMILIENTREFF German-speaking family group 5.9. / 3.10. / 24.10. / 21.11. / 12.12. familientreff.jkl@gmail.com

2:30-5 PM FAMILY CAFÉ IN LINGUA ITALIANA Italian-speaking family group 19.9. / 17.10. / 14.11. / 12.12. pascucci Elisa10@gmail.com

3-6 PM DUTCH FAMILY CAFÉ Dutch-speaking family group 5.9. / 3.10. / 7.11. / 5.12. (at 2-9 PM) jhtalsma@hotmail.com

3-6 PM SUDANESE FAMILY GROUP 15.8. / 29.8. / 12.9. / 10.10. / 31.10. / 21.11. / 28.11. / 19.12. rainakajo1986@gmail.com

Sunday

10-12 AM CHINESE FAMILY GROUP starts on 16.8. qingslanguagegarden@gmail.com

4-6:30 PM BENGALI FAMILY CAFÉ 9.8. / 6.9. / 4.10. / 8.11. / 6.12. rasna.amin.ratul@gmail.com swarna9393@gmail.com

4-6:30 PM CZECH-SLOVAK FAMILY CAFÉ 13.9. / 25.10. / 15.11. / 13.12. pruknerova.t97@gmail.com

 Gloria's Finnish language groups

 International House Jyväskylä's Finnish group

 Adult Education Center's Finnish courses

 Activity groups

 Peer groups

 Language groups

 Family groups

 Guidance and counselling



AUTUMN SEASON:

Groups start on August 17th and meet every week.
The Christmas break is December 21st, 2026-January 6th, 2027.
Possible exceptions are announced in this schedule.
Follow our website and social media. There you will find events
and groups starting later in the season.

WHAT ELSE?
BRING YOUR
IDEAS TO
GLORIA!