Monday

9-10 AM
HATHA YOGA

Register at the latest on the previous Friday:
arja.miettinen@gloriajkl.fi

You can bring your own yoga mat

GLORIA'S EMPLOYEES' MEETING AND PLANNING DAY

3:30-4:45 PM
FINNISH LANGUAGE FOR PERSIAN AND DARI SPEAKERS
starts on 12.10.
saharabdolmalekian@gmail.com

Tuesday

10-12 AM
FINNISH LANGUAGE
LUETAAN YHDESSÄ
Beginner / Intermediate

1-3 PM
FINNISH LANGUAGE
TOISTO
Beginner

2-4 PM
MULTILINGUAL GUIDANCE AND COUNSELLING SERVICES (INTERNATIONAL HOUSE JYVÄSKYLÄ)
Service languages:
Finnish, Russian, English
Starts on 8.9.
irma.alekseeva@jyvaskyla.fi

3:30-6 PM
GAME AND DISCUSSION EVENING
michael.fandi@gloriajkl.fi

Wednesday

10-12 AM
FINNISH LANGUAGE
TOISTO
Beginner

1-3 PM
HANDICRAFT GROUP
arts and crafts
starts on 26.8.

2-3 PM
VOLUNTEER INFO
saara.jantti@gloriajkl.fi

2-3:30 PM
FINNISH LANGUAGE
LUETAAN YHDESSÄ
Beginner / Intermediate

3:30-4:30 PM
FRENCH CONVERSATION GROUP
michael.fandi@gloriajkl.fi

4-5:30 PM
FINNISH FOR BEGINNERS (A0) (ADULT EDUCATION CENTER)
16.9.-9.12. (not 14.10.)
marja.juhola@jyvaskyla.fi
paid course,
requires registration

4:45-5:45 PM
PERSIAN STUDY GROUP
starts on 26.8.
homavalafar@gmail.com

Thursday

10-12 AM
PATHWAY FOR WOMEN (MAP TO WORKING LIFE PROJECT / INTERNATIONAL HOUSE JYVÄSKYLÄ)
starts on 3.9. (not 15.10.)
roosa.berg@jyvaskyla.fi
requires registration (group full)

1-2:30 PM
FINNISH LANGUAGE
LUETAAN YHDESSÄ
Beginner / Intermediate

3-4:30 PM
ENGLISH FOR BEGINNERS
sabina.linova@gmail.com

3-4:30 PM
OPEN MUSIC GROUP
saara.jantti@gloriajkl.fi

5-6:30 PM
FINNISH CONVERSATION GROUP
Intermediate / Advanced
(not 27.8., 24.9., 29.10., 26.11., 17.12.)

5-7 PM
LANGUAGE CAFE
27.8. / 24.9. / 29.10. / 26.11. / 17.12.
michael.fandi@gloriajkl.fi

5-8 PM
PERSIAN BOOK CLUB
20.8. / 17.9. / 22.10. / 19.11. / 10.12.
amin.ma101@gmail.com

Friday

9:15-11:15 AM
SERVICE COUNSELLING (THE WELLBEING SERVICES COUNTY OF CENTRAL FINLAND)
(not 11.9., 16.10., 13.11. and 4.12.)
kotosospa.opastus@hyvaks.fi

10-12:30 AM
MONIMESSI FAMILY CAFÉ
Multicultural Family Group
saara.jantti@gloriajkl.fi

2-3:30 PM
GRUPO DE ESPANOL
Spanish language group
Intermediate
starts on 4.9.
missjavimiranda@gmail.com

2:30-4 PM
WOMEN'S GROUP
28.8. / 25.9. / 26.10. / 27.11. / 18.12.
saara.jantti@gloriajkl.fi

4-6 PM
MIXI-CHOIR FOR MEN WHO HAVE IMMIGRATED TO FINLAND
starts on 25.9. (not 16.10.)
kimmo.tuuri@gmail.com
requires registration

6:30-9:30 PM
TURKISH WOMEN'S GROUP
28.8. / 18.9. / 23.10. / 20.11. / 18.12.
mrymclk06@gmail.com

Saturday

10-12:30 AM
FAMILIENTREFF
German-speaking family group
5.9. / 3.10. / 24.10. / 21.11. / 12.12.
familientreff.jkl@gmail.com

2:30-5 PM
FAMILY CAFÉ IN LINGUA ITALIANA
Italian-speaking family group
19.9. / 17.10. / 14.11. / 12.12.
pascuccielisa10@gmail.com

3-6 PM
DUTCH FAMILY CAFÉ
Dutch-speaking family group
5.9. / 3.10. / 7.11. / 5.12. (at 2-9 PM)
jhtalsma@hotmail.com

3-6 PM
SUDANESE FAMILY GROUP
15.8. / 29.8. / 12.9. / 10.10. / 31.10. / 21.11. / 28.11. / 19.12.
rainakajo1986@gmail.com

Sunday

10-12 AM
CHINESE FAMILY GROUP
starts on 16.8.
qingslanguagegarden@gmail.com

4-6:30 PM
BENGALI FAMILY CAFÉ
9.8. / 20.9. / 4.10. / 8.11. / 6.12.
rasna.amin.ratul@gmail.com
swarna9393@gmail.com

4-6:30 PM
CZECH-SLOVAK FAMILY CAFÉ
13.9. / 25.10. / 15.11. / 13.12.
pruknerova.t97@gmail.com

- **Gloria's Finnish language groups**
- **International House Jyväskylä's Finnish group**
- **Adult Education Center's Finnish course**
- **Activity groups**
- **Peer groups**
- **Language groups**
- **Family groups**
- **Guidance and councelling**

GLORIA
Matarankatu 6 A 1
40100 Jyväskylä
www.gloriajkl.fi
@gloriajkl

AUTUMN SEASON:
Groups start on August 17th and meet every week.
The Christmas break is December 21st, 2026-January 6th, 2027.
Possible exceptions are announced in this schedule.
Follow our website and social media. There you will find events and groups starting later in the season.

WHAT ELSE? BRING YOUR IDEAS TO GLORIA!